Transformation of Egoistic Consciousness

By
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I

The word 'Ego' is the Latin pronoun for 'I'. It is only the consciousness of the 'false-self', i.e., self-centered 'I', and has no existence of its own.

It is like a 'Maniac' — thinking, posing, and acting like a 'King'. His imaginary kingdom has no real existence. His Egoistic kingdom **exists only in his deranged intelligence and imaginative beliefs.** Therefore, the 'Maniac' is an imposter !

The real kingdom of God is above and beyond the grasp of imagination and illusory intelligence.

God is —

Divine Light
Divine Intelligence
Omnipotent
Omniscient
Omnipresent.

Where there is no **Light of God** — there is **darkness of ignorance,** illusions, false beliefs, and misconceptions, in which 'Humanity' thinks, acts, and lives under the **spell of false Ego** of 'I', 'Me', and 'Mine'.

This unreal and non-existent illusive 'Darkness', which governs our thoughts and actions — is called **illusion** or 'Maya' in the Scriptures. The apparent

illusive existence of darkness is, in fact, the **absence of God's Light,** i.e., **'NAM',** and is the root cause of 'duality' in our consciousness.

'Light' and 'darkness' are antithetic and opposite, and cannot co-exist. Likewise, **Faith in God's Existence** is antithetic and contradictory to the **'Egoistic Conception'** of 'I', 'Me' and 'Mine'.

To illustrate this fine and sublime point, and make it more comprehensive, a concrete example of Electricity and its gadgets may be helpful.

Electricity is generated in a Central Power House, and is distributed and diverted for various uses through different kinds of gadgets. The same electricity illuminates bulbs of different colours, shapes, sizes and wattage. We know that it is the **electricity** which is the **life and light** of the bulb; the filament is only an instrument for the **projection and manifestation of the** latent current. The outer glass case is meant to protect the filament.

It would sound so absurd and illusive on the part of the bulb to claim and boast that it is giving the light. That would be tantamount to the expression of false and gross 'Ego' on the part of the bulb.

Precisely the same way, the 'Divine Life-Current' working through us, is the gift of the Lord, and we are different kinds of **instruments** employed by Him, for the manifestation and working of His Universal Drama, and for the projection of His Divine Scheme. But in our illusion, we think that we are the **authors** of all our physical and intellectual achievements, conveniently forgetting that the source of all Energy, Light, and Wisdom is 'God'.

To claim and boast of materialistic achievements of our limited deceptive intelligence as the outcome of our personal wisdom, is stupendous human blasphemy, and ILLUSION of Egoistic Consciousness.

It is a pity that with all our intellectual learning and advanced civilization, we humans should have been so influenced and **'brain-washed'** by the illusion of our false Ego, as to have the audacity to 'play God'.

There is a Divine 'LIFE-CURRENT', called the wordless 'WORD' (SHABAD), running through the Universe, which —

creates
develops
directs
protects
maintains
sustains
harmonises
beautifies
integrates
disintegrates
regenerates

all life in this vast Universe.

Somehow, we have become —

indifferent
doubtful
ignorant
forgetful
unconscious

of our **'Heritage'** of 'Divine Light' and Wisdom.

Consequently, we have been —

entertaining
cultivating

feeding
nourishing
developing
sustaining
glorifying
magnifying
deifying

the idea and conception of our false 'Ego', through the expression, projection, and practice of 'I', 'Me', and 'Mine' for aeons in countless past lives.

Our intelligence has been so 'Ego-Oriented' that this false conception of 'I', 'Me', and 'Mine' has become a —

deep
strong
unshakeable
uncompromising

conviction and faith with us.

Therefore, we have become indifferent, disinterested, and averse to —

listen
think
entertain
believe

in anything **contradictory to** and **inconsistent with** our ingrained and **established egoistic ideas** and false dual convictions and conceptions.

This false conception of 'I' and 'Mine' has permeated, absorbed into, and saturated **our very** BEING, and we have become.

"EGO-PERSONIFIED INDIVIDUALS"

The tragedy is that this **false mental conception** of 'I', 'Me', and 'Mine' :

1. has permeated and absorbed into the very fibres of our 'being' and become part and parcel of our lives,
2. has been accepted by us as a REALITY in our lives,
3. in fact, it works and projects through every aspect of our lives,
4. has become our second nature,
5. we cannot think or believe in anything outside and beyond our Egoistic-consciousness.

In fact, we have been —

expressing
manifesting
projecting
proliferating
justifying
institutionalising
magnifying
glorifying
advertising
propagating
legalising

this false 'Ego' in our daily routine and in every aspect of our lives since aeons.

This false sense of Ego :

1. is the **driving force** behind our stupendous materialistic achievements, brilliant literary and scientific knowledge, and

exquisitive emotional flights of thoughts and aspirations ;

2. is the **basic foundation** of our so-called religions, beliefs, dogmas, philosophies, rites and rituals;

3. has diluted, modified, changed, galvanised and **transformed** our thoughts, habits, characters and destinies ;

4. has driven us into becoming **'prodigal sons'** to suffer all the physical, mental and emotional agonies and miseries at the hands of the 'Satan' or 'Maya' ;

5. is the **root-cause** of our selfishness and desires, which drive us into the **quagmire** of all kinds of evils and sins, i.e., greed, deceit, jealousy, hatred, anger, corruption, sensuality, strife, quarrels, and even wars;

6. has blunted the **sense of our discrimination** between :

   right and wrong,

   truth and falsehood,

   virtue and evil,

   God and Maya,

   in our thoughts and perceptions ;

7. has **moulded and degenerated** the conception and profession of our so-called Religions to suit our selfish materialistic designs and convenience; thereby making the practice of religion superfluous, ritualistic, showy, self-deceiving, and hypocritical ;

8. has driven us to live, knowingly or unknowingly, **dual or multi-faceted lives ;**

9. has, so often, galvanised and aggrandized our convictions and beliefs in so-called religious dogmas, that we have become 'bigots' to the point of fanaticism.

When 'Ego' puts on the **garb of religion, woe to the humanity !** It plays havoc with the humanity and makes a **mockery of the religion.** In our blind religious zeal, we have perpetrated untold sufferings and cruelty on humanity, and **crucified** many Godly Saints and Prophets, in the name of religion.

It is ironical that, in spite of —

1. all our physical, intellectual, emotional advancement and boastful **modern civilization ;**

2. proliferation of numerous religions into various Sects and Sub-Sects ;

3. **profusion** of religious knowledge and philosophies of various scriptures ;

4. **propagation** and exhortation of religious sermons and dogmas from numerous scriptures and religious books, through modern **scientific means** of electronics — like transistors, tape-recorders, televisions and videos ;

5. **multiplication** and **exaltation** of religious 'Temples' all over the world ;

6. **myriad** of so-called 'Sadhus' or 'God-Men', preaching and propagating different doctrines of various Faiths and Religions,

'humanity' has **not been able to :**

discern
understand
comprehend
realise
grasp
recognise
identify
isolate
control
neutralise

the **nature and working** of this false 'Ego' of 'I', 'me' **and 'Mine',** culminating into the greatest FRAUD perpetrated on humanity, by the 'Satan' or 'Maya', **through our own ignorance and 'dual' misconception.**

This illusive 'Maya' has exploited the intellectual and emotional faculties of our Egoistic mind as its tools, to —

produce,
direct,
enact,
run and
govern

the vast Cosmic Drama of the Universe.

The results of our egoistic participation in this vast Cosmic Drama are — untold physical, mental and emotional life-long sufferings of agony, sorrow, and miseries; mixed and diluted with illusory fleeting happiness, occasional thrills and temporary sensuous

enjoyments to assuage the **'Sting' of Karmic Suffering.**

We conveniently forget that this unreal drama of 'Maya' is :

rooted
projected
perfected
enacted

in the **illusionary plane of our intellectual and emotional egoistic consciousness.**

The irony is that, though we act under the inspiration and influence of the five senses, which are Agents of the Maya, our acts are **governed** by the 'Law of Karma', i.e., 'Reap as you Sow'.

For the sins committed under the impulse of the five senses, we humans have to suffer the consequences of :

— being **naive enough** not to be able to see **'through'** the big illusive game of 'Maya' ;

— having succumbed to the instigation and lure of glittering grandiose temptations of 'Maya';

— voluntarily choosing unreal and illusive 'Maya' as our 'Master' , and opting to become its dedicated **'slaves',** speaking as 'Master's Voice', and acting as its 'puppets'.

J J J

II

Somehow, we came under the influence of 'Maya', were lured into its net of illusive glittering phenomenon, and placed under the 'Law of Karma'. Thus our souls have been confined **into solitary cocoons** of our individual 'EGO', manifested through the expression of 'I', 'Me' and 'Mine', life-after-life. In other words, we have voluntarily **'sentenced ourselves'** to confinement into miserable **solitary individual cells** of false 'Ego' for ages !

Because we have **voluntarily accepted** this state of solitary mental confinement, at the instigation of the alluring 'Maya', it is again our own free will to break the shackles of this **self-imposed slavery,** if we desire and aspire for our **inherited Spiritual Freedom.**

It should be remembered that 'Maya' has been bestowed with tremendous powers by the Creator to —

instigate
lure
enlist
guide
direct
train

equip
employ

the way-faring innocent souls, for

organising
administrating
disciplining
enacting
running

the ever-lasting 'SHOW' of the Universal Drama.

We have become so used and **inured** to the 'bonded' slavery of 'Maya', that any new idea or thought, **inconsistent with our established** egoistic life, is unsavory and unacceptable to us.

Therefore, we cannot shake off or efface this false conception of 'Ego' by our **mere wishes** or efforts, as this false belief has so permeated and saturated into our **very being,** that we have become 'the embodiment' of this Ego of 'I' and 'Mine'.

Even if, in frustration or under the influence of 'Sat-Sang', **superfluous emotions** of higher and sublimer thoughts pass through our minds, the 'Maya' will not allow its 'slave-souls' to think **independently** and seriously any such spiritual thoughts, or to desire and aspire for freedom from its powerful clutches, **untill and unless** the stronger Divine Power of the 'Guru' **helps and guides** such aspiring souls to break the chains of slavery of 'Maya'.

God is all-powerful, omnipotent and omniscient, and is constantly searching and **looking out** for His 'prodigal sons' — who feel

miserable,
frustrated,

desperate, and repentent

of their 'bonded' slavery of 'Maya', and desire and aspire sincerely to shake off the shackles of the miserable slavery, and **yearn to be free.**

Such aspiring souls are saved from the miserable clutches of the 'Maya', and blessed by the 'Guru' with the Eternal Joy, Peace, Bliss, and Love of Divine Grace.

The whole process of this wonderful and secret phenomena of Soul's slavery, freedom, and **Divine Blessings** is initiated, contemplated, 'worked out', and accomplished in the mental, emotional, and Spiritual Planes.

Therefore, it is only on these intellectual, emotional, and Spiritual Planes that a change for the **better and sublimer Life** can be wrought.

There is one Sun from which countless rays are scattered all around, giving light, energy, warmth, and life to the universe. If these rays are encased in capsules, each ray will **enshrine** in itself all the qualities and attributes of the whole Sun, but outwardly manifest itself in **different shapes and colours.**

Similarly, God is a **Single Entity,** and all Rays emanating from Divinity **carry the very Essence** of God's attributes.

This Divine Essence or 'Presence' is encased in the 'Mental Core' of 'False Ego', depicting outwardly different ideas, beliefs, and conceptions.

In other words, God is the only Entity or Reality, and everything else is the **projection of Divinity** in various forms, ideas and beliefs, fashioned according

to outer influences, environment, inner instincts and impulses of individuals.

Influence of our contact with the surrounding world has profound effect in moulding and changing our thoughts, beliefs, or consciousness, which form the basis of our good or bad lives.

It is obvious that the crucial factor in our lives, is the 'influence' of the 'company' we keep, which can make or mar the fate and destiny of our lives.

This illusion or misconception of our 'false Ego' is engendered in our mental consciousness, through the baneful 'company' of un-godly elements.

Therefore, it is apparent that a 'sublimer company' is imperative and essential for a change or **transformation of consciousness** to higher plane.

This transformation in our thoughts, beliefs, and conceptions can be wrought only through the 'inspiring company' of the Awakened, Enlightened and Blessed Souls.

When this transformation of our consciousness takes place, **our soul** is **awakened and illuminated** with the Divine Light and Glory, and the darkness of our false Egoistic illusion spontaneously fades away, just as the darkness of night fades away on the rising of the Sun.

J J J

III

We have been

thinking
believing
acting
living
suffering

for ages in the **ignorance and dilemma** of our false Ego, i.e., in the darkness of illusive 'Maya', never realising that there exists a

better
sublimer
holier
freer
joyful
blissful
loving
graceful, and
real

Divine life in the Realm of our Lord, the God, in whose 'Divine Presence' there can be :

no darkness
no ignorance
no illusion

no sorrow
no pain
no suffering
no fear
no want
no desire
no hatred
no enemy
no 'satan'
no hell.

And such a

joyful
blissful
peaceful
glorious
loving
magnanimous

Kingdom of God is **ours** for eternity, by

inheritance
without claiming
without earning
just **'for the taking'**

by His Grace.

This sublime State of Consciousness **does not** comprise of :

1. mere pleasant intellectual excursions,
2. imaginary hypothetical **visions,**
3. **emotional flights** of thoughts in the unseen,
4. **reveries** in fanciful notions,
5. exhibition of **psychic powers,**

6. **learning** scriptures, and giving hair-splitting discources on religious dogmas and philosophies,
7. having a large following of disciples,
8. creating and administering large Ashrams,
9. sufferings of **austerity** of ascetic life,
10. immolation of life for salvation of soul.

But it constitutes :

1. inner **intuitional experience** of the Soul,
2. vibrating thrill, permeating through body, mind, and Soul,
3. exhilarating **reveries** of the Divine Realm,
4. intoxication of **Divine Bliss,**
5. exquisitive Joy of **Divine Touch,**
6. infatuation of **Celestial Music,**
7. invisible Sacred **Divine Flame,**
8. ecstasy of **Divine LOVE,**
9. cosy warmth of the **Divine Sunshine,**
10. breathing, moving, living, and having our being in the Divine Glory,
11. beholding and enjoying the be-witching and captivating Divine Beauty,
12. sweet caresses of **Divine Grace,**
13. soothing peace of **Celestial Silence,**
14. Eternal, Universal, **LIVING RELIGION.**

Therefore, for the attainment of this exalted State of ‘Self-consciousness’, whe have to :

— do ‘**Sat-Sang’** in the company of the Awakened, Illuminated, and Blessed Souls,

— grasp the **intuitional reflection** of scriptures and spiritual books ;

— do regular daily **meditation of ‘Gur-Mantar’,**

— do our duty conscientiously,

— serve the ‘Guru’ and His ‘Sangat’ **devotionally,** with heart and soul,

— **live in seclusion** as far as possible.

However, the false concept of ‘Ego’ has so deeply

penetrated
permeated
infused
instilled

into our sub-conscious mind, that it has become our **second nature,** and has turned us **blind to the ‘Divine Light’** and **deaf to the ‘Celestial Music’** of our own Soul.

Therefore, it is not so easy to **‘wish-away’** or discard this false conception with a **wishful thought** of intellectual comprehension.

In fact, the ‘GENE’ of ‘Ego’ **originated** when the **‘Divine Nucleus’** was **encased** in the false idea of 'I' due to ignorance.

The separate identity of **encased 'Divine Ray'** will continue its **individual existence** in our consciousness, until it is merged again into the mainstream of the **Divine Current.**

In other words, we have to live **and work** with this false 'Ego', **until** our soul is ultimately **re-merged** into God, by the Grace of the Guru.

For this, we have to change, re-orient, and **transform** our false sense of 'Ego' :

FROM — 'I', 'Me' and 'Mine',

To — 'THOU' and 'THINE',

in our consciousness, by constantly

remembering
contemplating
meditating
entertaining
nourishing
developing

our belief and faith in the concept of the **Benevolent and loving 'God',** and by **thinking, acting, living and having our being** in the Grace of God's Eternal Realm of **Kindness,** Compassion and Love.

But, the truth is that, we have been **doing just the opposite** to our own detriment !

To bring about this **transition :**

from — Egoistic Consciousness

to — Spiritual Consciousness

a complete change of **'Faith and allegiance'**

from — illusive, unreal, **non-existant darkness of 'Maya'**

to — the Eternal, Real, Benevolent, and Loving God and his Grace.

is essential.

J J J

The Article **"Transformation of Egoistic Consciousness"** *was first written three years ago. Since then, flights of new thoughts on the subject have dawned upon my intuition.*

These thoughts are being incorporated in this revised edition as ***"After Thoughts".***

LUDHIANA KHOJI
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AFTER THOUGHTS

GOD is ONE — without a second.

GOD is immanent in His Divine attributes of :

Grace
Glory
Light
Power
Compassion
Kindness
Joy
Bliss
Love.

In His grace, He created the vast cosmos in which the universal drama is being played by individual entities.

To give these individuals the sense of separate entities, and to work and compete in the vast cosmic drama, the awareness or consciousness of 'ego' was introduced.

The 'Ego' is like the subtle filament, through which the electric current passes and works.

Therefore, 'Ego' is an instrument for the projection, expression and manifestation of the Divine Will, to :

create
maintain
sustain
run, and
govern

the vast cosmic drama.

'Darkness' has no existence of its own. It exists in the absence of Light and fades away in its presence.

Similarly, 'Ego' has no existence of its own. It is the NESCIENCE of God-Consciousness.

Therefore, the existence of 'Ego' depends on the 'illusion' of our consciousness.

When our consciousness is illuminated by the Divine Light of our soul, this **illusion of our Ego** fades away spontaneously.

Human mind works on two different planes of consciousness :

1. Egoistic Consciousness in the Cosmic Plane.
2. Spiritual Consciousness in the Divine Realm.

On the Egoistic Plane, we are conscious of our **separate identity — as apart from God.**

This 'duality' of our 'Ego-Self' is expressed in 'I-ness' of individuals. These separate entities have different, varient, and divergant

interests
ideas
thoughts
understanding

feelings
idiosyncrasies
sentiments
opinions
beliefs
convictions
faith.

These different individual interests and beliefs are bound to create

differences
clashes
conflicts
opposition
controversy
ill-will
envy
jealousy
avarice
enmity
quarrels.

This 'Ego-Self' is demonstrated in 'I-ness' in various forms-such as :

I think
I understand
I learn
I teach
I feel
I work
I rest
I act

I eat
I drink

and in all our thoughts and activities.

This 'I-ness' creates the instinct of **"possessiveness"** in the expression of 'my-ness' :

my body
my opinion
my dignity
my husband
my wife
my children
my house
my country
my community
my religion
my God

and so on and so forth !

It is the 'Ego' of **'Me'** which **feels**

slighted
ignored
dishonoured
insulted
ridiculed
cheated
bullied
hurt

at the slightest provocation.

These **'feelings' inflame and 'fan'** the **'fuel' of baser instincts of 'Ego-Self',** which **incite :**

resentment
criticism

dislike
protest
hatred
repulsion
indignation
opposition
confrontation
enmity
revenge.

These depraved malicious egoistic thoughts, emotions and actions **breed** :

doubt
misunderstanding
suspicion
envy
jealousy
avarice
bitterness
repulsion
ill-will
allergy

in our mind, and **generate** in our 'Ego-Self' :

differences
dissension
friction
conflict
confrontation
aggrandisement
revenge
hostilities
quarrels
wars.

In fact, the whole humanity, individually and collectively, is deeply involved in this pernicious egoistic quagmire.

In such depraved, corrupt and vicious environments, prevailing and pervading all over the world, **humanity** is being brutally grinded in the materialistic clutches of Maya and suffers from :

unhappiness
restlessness
tension
worries
misery
agony

and consequently feel :

lonely
betrayed
forsaken
desolate
fearful
apprehensive
terrified
panicky
bleeding
groaning.

These feelings pervade our

hearts
intelligence
understanding
thinking
emotions

dealings
decisions,

thus **engulfing** our

homes
communities
societies
religions
countries
nations
universe.

And this dilemma is pervading and engulfing the whole 'humanity', in spite of our boastful :

developed intelligence
scientific achievements
modern civilization
profound preachings
numerous scriptures
various religions.

In spite of various **well-intentioned institutions** of:

social reforms
temperance societies
religious institutions
academic universities
scientific research institutions
august bodies like UNO, etc.,

the overall condition of the world is getting more and more

complicated
confused
confounded
insecure

pitiable
hopeless
precarious.

Therefore, it is quite obvious that all our efforts to reduce and eliminate human degeneration, have been of **little or no avail !**

This is because we have been **'beating about the bush' and have failed to diagnose** the basic, insidious, universal malady of **'Ego-consciousness' !**

J J J

II

Most of us are **quite satisfied** with the materialistic life of our **'egoistic-self',** entailing life-long sufferings of

unhappiness
restlessness
tension
disappointments
frustrations
miseries

and are accustomed and inured to this pattern of life, taking it to be the natural course.

Such people are **not prepared** to listen, consider or believe **in anything beyond** their established, erroneous convictions and conceptions.

But there are some aspiring sublimated souls, who are not contented with their present materialistic life of sufferings and turmoil, based on false individual 'Self'.

Such developed souls desire, aspire and yearn for

better
higher

nobler
holier
carefree
joyful
blissful
graceful

SPIRITUAL LIFE — leading to the Kingdom of God.

They become **aware** of their 'Egocentric-self' and the resultant chaos and miseries created by the egoistic consciousness, and aspire for the higher-self of Divine Consciousness.

This **transition** of consciousness involves **change** of our established

ideas
thoughts
beliefs
convictions
conceptions
faith

ingrained, embedded and accumulated in our sub-conscious mind through innumerable past lives.

It **does not entail** any change of

place
country
nationality
religion
occupation

or denying ourselves or 'renouncing'

possessions
properties
duties

obligations
divine bounties
nature

or running away from the responsibilities and exigencies of the cosmic life.

We all know that the glass chimney of lantern is blackened by the smoke of the burning light inside. The more this 'soot' is thickened, the more the light becomes obscure.

When the 'soot' is removed, the light passes through the clear transparent chimney and reflects outward.

Similarly, the 'soot' of materialistic thoughts, emotions and deeds has been accumulating on the 'chimney' of our egoistic mind since innumerable past lives. Therefore, our 'mind-chimney' has become so hazy and opaque that the Effulgent Light of the Soul cannot reflect on our mind, and we continue to live, and have our being in the darkness of illusion of our egoistic consciousness and suffer the consequences.

To put it differently, the pictures from cinematograph can be visualised on the screen in the 'darkness' of the hall.

When the light is put on, the pictures do not reflect in the light and the screen looks blank !

Similarly the 'pictures' of materialistic world appear on the 'screen' of our egoistic mind in the darkness of ignorance and illusion.

When the Divine Light reflects on our mind through 'Intuition', the darkness of illusion of our egoistic mind **fades away spontaneously,** and our consciousness is sublimated and illuminated.

Therefore, unless the Divine Light of the Soul reflects and illuminates our mind, the illusion of our egoistic consciousness of 'False-Self', **cannot be removed or eliminated,** and our 'Real Divine-Self', **cannot be realised or experienced.**

In other words, human mind is only a 'mirror' to reflect and project outwardly the innate Divine Light and intelligence. Our mental mirror is **overcast with the cloud of illusion of materialistic world and has become foggy and hazy.** Therefore, **the reflection of Divine Light through** the mirror of human mind has become **warped, blurred, imperfect, deceptive and erroneous. This is the illusion of our Egoistic Mind.**

J J J

III

The ‘ghost of ego’ has firmly established its sway on our mind and we are content to be the **‘His Master's Voice’ of this ghost ! We just cannot think or act otherwise !**

This ‘ghost of Ego’ reigns and asserts its authority in all aspects of our lives, i.e., through our

body
mind
heart
feelings
thoughts
understanding
ideas
intelligence
desires
aspirations
beliefs
convictions
faith
religions
happiness

sorrows
miseries
joy
life, and
death;

In fact, we are **'possessed' by this 'ghost of Ego'** and have ourselves become

PERSONIFIED EGO-GHOSTS !

We have been **slaves** of this 'Ego-ghost' since innumerable past lives and are **unable to shake off this 'slavery' by our own efforts.**

Even if we so desire, we **cannot just 'wish-away' or discard the 'Ego-ghost'** from our mind by **intellectual exercises or philosophical theories !**

In fact, we have **sentenced ourselves to indefinite 'confinement' in 'solitary cells' of our 'Ego' since aeons,** and have become so used and inured to the drudgery and miseries of this **'slave-life'** that we have become indifferent and complacent about the thought of **'freedom'** from this egoistic slavery !

We work 'in conjuction' and 'in tune' with the **dictates of our ' egocentric-self '** and are ignorant of the **existence of the ' Real Divine Self ' — within ourselves !**

'Freedom' from this '**Egoistic slavery',** in which the whole universe is involved, can only be achieved if we can **perceive and realise the illusive Nature of our 'Ego' by** 'Intuition', i.e., **reflection of the Divine Light within,** with the help and guidance of Blessed and Illuminated Souls.

It is beyond the understanding or grasp of physical, academic, scientific knowledge and mental or occult perceptions.

It is simply an AWARENESS of innate heritage of Divine Joy, Bliss and Love, **within** our souls, **to be experienced and enjoyed in our consciousness on the spiritual plane of Intuition.**

These Divine attributes of Joy, Bliss and Love are **lying dormant** in our souls, **just to be 'tapped' with faith and** meditation, **and enjoyed in** profound measures.

In our 'Ego-Consciousness' **we obstruct the inflow of** Divine Light and Grace into our mind, and thereby deprive ourselves of the Divine knowledge and Grace.

Therefore, we are left to **mend for ourselves**, and thereby **suffer the consequences of our depraved egoistic selfish thoughts and deeds,** according to the 'Law of Karma'.

It must be remembered that the sense of 'Ego' is **transient and ever-changing** in its manifestation and ramifications.

Only the 'Soul' or the ' Real-Self ' **abides,** and is ever immanent.

The process of transformation of 'Ego-consciouness' to 'Divine-consciousness' **hangs on the subtle conviction and faith in Divinity. It is not an 'intellectual exercise' alone !**

Faith in Divinity is the extremely delicate and sensitive **crucial 'Screen' hanging between** ' Egocentric-Self ' and the ' Real Divine Self ' of our Souls.

In fact, **'faithlessness'** in Divinity is **the source and sustenance of our 'Ego', while 'faith' in,** and devotion to the Lord, is the **seed of 'Divine Insight' or 'Intuition'.**

Developed intelligence can, at best, give us mental perception about the nature of, and the difference between the ' False-Self ' and the ' Real Self ', but our **intellectual knowledge cannot 'initiate' us into the 'Divine Realm'.**

In other words our intelligence can, at the most, take us to the outer courtyard of Divinity, but is unable to **usher** us into the **Divine Realm.** Beyond that, the **Divine Courier of 'Intuition' takes charge of our ' Self ' and conducts it to the Gracious Presence of the Lord.**

What is required is the **re-orientation** of our 'Egoistic Consciousness', or **'Grafting'** the faithless ' Egoistic-Self ' **with the nucleus of Divinity, i.e., 'Intuition'.**

This is a **subtle process of transformation of our ' self ' on the sublime plane of 'Intuition'.**

This 'inner experience' of 'Divine Intelligence' and 'Effulgence' can only be perceived or realised by 'Insight' of the Soul, called 'Intuition'.

And the **seed** of

Faith in Divinity
Spiritual Insight
'Intuition'

can only be 'sown' and developed in the **sublime company of Awakened, Illuminated, and Blessed Souls.** Such Souls can awaken, inspire, infect and ignite our slumbering souls and USHER them into Divine Consciousness.

J J J

IV

What is 'Intuition' — as distinct from **intellectual** knowledge ?

The reflection of 'Divine Light' on the mind, and the inner experience of the Soul is called 'Intuition'.

'Intuition' comes from **'within',** but intellectual knowledge is developed from **'without'.**

'Intuition' **sees the Reality in its totality,** while intelligence dissects it into parts and **gives imperfect or erroneous knowledge of Divinity.**

'Intuition' is **inner experience of the ' Real-Self ',** i.e., the **'Soul',** while intellectual knowledge is the **experience of the outer senses.**

Human intelligence is derived from 'Ego-consciousness' and is limited, imperfect, hypothetic and illusive, while **'Intuition' is the reflection of Infinite and Perfect Divine Knowledge and Wisdom.**

Intuition is the means of direct 'communion' between 'Man' and 'God'.

'Intuition' **inducts the soul into the Divine Realm and gives 'face to face' view of the Reality,** but intelligence can, at best, **formulate hazy and hypothetic vision of 'Reality'.**

Every soul is gifted with the inner faculty of 'Intuition' which can be developed, just like the outer mental intelligence.

But this **'Intuition'** cannot be achieved or developed by **outward :**

knowledge
intelligence
philosophies
hair-splitting discussions
rituals and rites
religious dogmas
renunciation
ascetic life.

This 'Intuitional' faculty is the gift of the Lord and can only be developed in deep SILENCE in the inner recesses of our Soul.

This SILENCE is not mere absence of speech or noise. It is STILLNESS or THOUGHTLESSNESS of mind, which means **cessation of THINKING.**

This process of STILLNESS or SILENCE can be developed **by turning our mind inward and concentration on 'GUR-MANTAR'.** This is called 'MEDITATION'.

Only in perfect deep silence and calmness, the reflection **of Divine Light or 'Intuition' descends on our mind to illuminate it with Divine Effulgence and Wisdom.**

Even a passing idea, thought, doubt, or wish emanating from the mind, **disturbs this 'stillness' and obstructs the inflow of 'Intuition' into our mind.**

But the restless mercurial mind cannot be controlled and stilled easily. It requires long persistent efforts and practice to concentrate it in meditation.

In this arduous, prolonged practice of meditation, **company and guidance of Blessed, Illuminated Souls is not only helpful but essential.**

Personal contact or company is the easiest and quickest way of conveying thoughts and influencing others. The effect of such influence of thoughts is dependent on the **intensity and conviction of one's feelings** on the one side, and the **receptivity** of the other mind.

Hence, persons of developed minds **with deep conviction and strong faith,** can **influence, inspire and infect weaker minds with their dynamic thoughts.**

Where vocal exhortations or intellectual propaganda fail to leave any sustaining mark on the minds of audience **the very presence of a Dynamic Personality** can silently **inspire and transform** the lives of individuals with **powerful penetrating spiritual rays and vibrations** which constantly emanate from Higher spiritual Souls.

The same principle applies to the **Intuitional writings** of Enlightened Souls, which are **ever fresh, original and soul stirring.**

If cultivated powerful mind can effect the ordinary mind so deeply on the mental and emotional plane, **Enlightened Divine Souls can also inspire, awaken and ignite aspiring souls and introduce them into the subtle Intuitional Plane.**

If laser rays and radio-active radiation can penetrate through thick metals and the destructive flash of 'lightening' can do so much havoc on the physical plane, the subtle dynamic and radiant spiritual rays of Divine vibrations emanating from **'Dynamic'** Personality of a 'God-man' , can also **pierce** the thick clouds of materialistic ideas and intellectual conceptions, and **touch the fringes of the soul of the aspirant, and USHER him into the Divine Realm.** Thus, the silent dynamic rays of Divinity can **transform** the life of an aspiring soul to **higher plane of spiritual consciousness, being reborn into the Divine Realm.**

This is the direct, **secret and sacred** method of **introduction** of aspiring souls into the Divine Realm on the intuitional plane of consciousness, which has been practiced by Prophets, Gurus, Sages and Saints — since ages.

In the company of such Illuminated Souls, i.e., 'Sat-Sangat' , the mind is gradually

calmed down
harmonised
turned inward
'pulled in'
concentrated
absorbed
infatuated, and
lost

in the Joy and Bliss of Divine Grace and Love.

But such genuine Blessed and Illuminated Souls, i.e., Sages, Saints, Bhagtas are rare.

As our concentration becomes intenser and deeper, we lose the sense of our body and the surrounding

world. During such **deep meditation,** we lose the sense of our individual ‘ Egocentric Self ’ altogether, along with its illusive creations and ramifications.

In such inward ‘stillness’, the dawn of ‘Intuition’ descends and develops gradually. As our consciousness dives deeper and deeper into the fathomless Divine Realm, we come face-to-face with the **Reality** of ‘Divine presence’ in all its ‘Glory’.

In this sublime state of consciousness, the sense of our separate individual ‘ Egocentric Self ’ **evaporates** spontaneously, with its projections of ‘I’, ‘Me’ and ‘Mine’.

As we grow in meditation, veil after veil of illusive darkness of Maya is withdrawn from our mind, until a new revelation of Divine Presence rises in our consciousness and we are blessed with the Grace of God.

When such Divine Consciousness is awakened, we will realise and feel that ‘God’ resides in **‘ ourself ’** as well as in all **‘other creation’.**

In this state of sublime consciousness our behaviour towards **others will be — as** if we are dealing with ‘ourselves’. Only then we can comply with the Biblical precept of :

‘ Love thy neighbour as thyself ’.

In this realisation of Divine Self, there can be **‘no duality’.** The aspirant realises that only ONE GOD pervades and engulfs the whole universe.

When the mind becomes aware or conscious of the 'Divine Presence' **within,** it is **so dazzled and infatuated with the 'awe' of :**

Divine Effulgence
Divine Immanence
Divine Grace
Divine Glory
Divine Majesty
Divine Wonder
Divine Love,

that it spontaneously **loses** the sense of ' False-SELF ' or 'Egoistic Consciousness', and **experiences and enjoys** all the Divine attributes or gifts of —

Divine Grace
Divine Joy
Divine Bliss
Divine Compassion
Divine Kindness
Divine Love,

and becomes 'God-like' in its ' Divine-self '.

J J J

V

For the culmination of this wonderful and miraculous 'transformation'

of — 'Egoistic Consciousness'

to — 'Divine Consciousness'

the following salient and crucial points should be comprehended and realised :

1. God is ONE without a second.
2. He pervades and engulfs all creation.
3. His Will prevails and is manifested everywhere in the Cosmos.
4. We have become oblivious of, or ignorant of 'God' and His Will.
5. Therefore, we have developed Egoistic Consciousness or **' False-Self ' — as apart from God.**
6. This 'Egoistic Consciousness' is the root cause of our depraved thoughts and deeds.
7. Consequently, we suffer from unhappiness, frustration and miseries.

8. On the other hand there is permanent happiness, joy, bliss and love in 'Divine Consciousness'.

9. It is necessary to realise, identify and discriminate between the nature of our ' False Individual Self ' and ' Real Self '.

10. Even if we become intellectually aware of the above salient points, very arduous and prolonged efforts are required to **change** our mentality or consciousness.

11. But these efforts become easy with the Divine Grace

    (a) in the company and guidance of Blessed and Illuminated Souls,

    (b) with concentration of mind,

    (c) by regular deep meditation.

This transformation of consciousness will be **perceptible in the change of mind, thoughts, beliefs, actions and behaviour of the aspirant, in every aspect of his life —**

from unrest	to peace
from selfishness	to selflessness
from hatred	to love
from vice	to virtue
from sorrow	to joy
from misery	to bliss
from cruelty	to kindness
from sin	to nobility
from jealousy	to tolerance
from wrong	to right
from frustration	to tranquility

from limited intelligence	to all-intelligence
from myopic vision	to celestial vision
from fleeting pleasure	to infinite bliss
from egoistic consciousness	to Divine Consciousness
from ego-centric	to Divine effulgence
from 'karmic law'	to Divine grace
from 'Maya'	to God
from 'I, 'Me, Mine'	to 'Thou and thine'
from hell	to Heaven.

But this process of 'transformation of consciousness' is not merely and **intellectual exercise** or **'scientific experiment'.**

It is a **practical course** in the '**Science of the Soul'** to be **learnt and imbibed in the school of 'Sat-Sangat', i.e., regular company of the 'Blessed and Illuminated Souls'.**

LUDHIANA 'KHOJI'

1 August, 1987.

TRANSFORMATION OF EGOISTIC CONSCIOUSNESS

By the Author

INTRODUCTION

'Ego' is an abstract and intrinsic subject, eluding the grasp of mind, intelligence, and philosophies.

We have lived with it, for it and in it, for so many past lives, that we fail to identify our own 'Ego'. The feeling or sense of 'I', 'Me', and 'Mine' has permeated, saturated and engulfed our very being. In fact, we have **become the very embodiment** of 'Ego-consciousness'. This sense of 'Ego' permeates, prevails upon, and reigns supreme in all basic attributes of human knowledge, intelligence, memory, habits, characteristics and consciousness. It works imperceptibly and unconsciously through our every thought, action, reasoning and planning.

In fact, every aspect of our life is governed, directed by, and revolves around our 'Ego'. We simply cannot think or do without the expression of 'Ego', even if we so desire. This is how we have become 'self-centered', selfish, proud, arrogant and vain.

There are so many organs in our body, about which we may have intellectual knowledge, but we are habitually unaware and unconscious of their existence or functions. Similarly, we enjoy the fruits of so many Divine Gifts in our daily lives, but we seem unconcerned, forgetful and unconscious of the source of these Divine Gifts of Love. Our very existence is governed by the Divine Cosmic Law, but we have conveniently or inadvertently forgotten the real source

of our energy, intelligence, and life-current. This forgetfulness, and unawareness or unconsciousness of Divinity is the breeding ground for cultivating and developing our 'self consciousness', called 'EGO'.

Darkness cannot be destroyed, but it can be eliminated by substitution with light. Similarly, 'Ego' cannot be destroyed or wished away. It can only be **substituted** with the realization, awareness, or consciousness of the Divine Light, i.e., 'NAM', which is in-laid and inherent in every soul.

All virtues, such as Kindness, Compassion, Faith, Devotion, and Love, etc. are the **Fragrance of Divine Presence.** When we experience and enjoy the Bliss of this Divine Fragrance, we become aware or conscious of Divinity in the inner recesses of our hearts and souls.

This **inner experience of the Soul**, is called 'Intuition' or 'Divine Consciousness'.

'Intuition' comes from within, 'thought' from without.

'Intuition' gives face-to-face view of reality ;

'thought' gives indirect view of it.

'Intuition', by a strange process, sees reality in its totality; while 'thought' chops it off into parts.

'Intuition' is **inner experience of the soul;** while intellectual knowledge is the experience of **outer senses.**

Everybody possesses the 'power of Intuition', as one has the 'power of thoughts'. As thought can be cultivated, so can 'Intuition' be developed.

With 'Intuition' or 'Divine Consciousness', we —

— realize the illusion of our false Ego,

— become conscious of reality — 'God',
— experience the Bliss of Divine Grace and Love,
— enjoy the Fragrance of Divine Presence,
— become 'in-tune' with the Divine Will,
— find the Divine Peace and 'unity-in-diversity' of the cosmos.

It is impossible to define 'Intuition' intellectually, though we live and breathe in it. Human languages and feelings are too crude and inadequate to express or define it. Yet **it is the only means of communion between Man and God.** It is through 'Intuition' or 'Spiritual consciousness' that humanity can approach and realize Divinity.

In other words, 'Intuition' is the means of **transition** from — intellectual knowledge of outer sensuous experience, to — **inner experience of consciousness** of Divinity, and enjoyment of the fragrance of His Presence, Peace, Bliss and Love.

This transition or transformation of consciousness can be achieved by **turning our thoughts inward** by concentration and meditation, with devotion and intense desire for **Divinity** residing in every Soul.

This, however, can only be wrought through the Divine company and guidance of Awakend and Enlightened Souls, Blessed by the Lord — 'Sadh Sangat'.

When 'Ego-Consciousness' is transformed and transmuted into 'Spiritual Consciousness', the unreal illusive 'Ego' is dissolved and eliminated, and 'Divine Consciousness' or 'God-head' abides and reigns supreme in our lives.

KHOJI

TRANSFORMATION
OF
EGOISTIC CONSCIOUSNESS

By

'KHOJI'